## **Triton**

## Technical Standards - Sterile Processing Technician

- 1. Environmental Conditions:
  - Primarily an inside working environment
  - Floors may be concrete, carpeted, or tiled
  - Florescent lighting
  - Ability to work with chemicals and detergents
  - A latex-free work environment is not guaranteed
  - Exposure to communicable diseases
  - Exposure to toxic substances
  - Exposure to odors (i.e., chemicals, perfumes, etc.)
- 2. Physical Requirements:
  - Ability to distinguish color
  - Possess visual acuity at normal range with or without correction
  - Ability to grip, grasp, and manipulate instruments, supplies and equipment with speed, possess good manual and finger dexterity, and good eye-hand coordination
  - Ability to reach above shoulder level, stoop, crouch, and kneel
  - Ability to push/pull with 50 pounds of force
  - Ability to ambulate/move around without assistive devices (includes climbing, balancing, and stooping)
  - Ability to walk the equivalent of 3 miles per shift
  - Ability to hear at normal level with or without assistive devices
  - Ability to speak in normal tone
  - Ability to move/lift objects weighing up to 50 pounds
  - Ability to carry objects weighing up to 30 pounds
  - To be free of communicable diseases and chemical abuse
  - Ability to meet health requirements
  - Able to wear protective attire for long periods of time
- 3. Mental and Emotional Requirements:
  - Ability to focus
  - Ability to be flexible and adjust to change
  - Ability to cope with various degrees of stress
  - Ability to cope with confrontation
  - Ability to cope with anger/fear/hostility of others in a calm manner
  - Ability to contribute to problem resolution
  - Ability to adapt to shift work
  - Ability to prioritize multiple requests in stressful situations
  - Ability to independently initiate an activity and see it through to completion
  - Ability to use critical thinking skills to acquire, process information, and generate appropriate responses

- Ability to manage time, prioritize, organize, and make appropriate judgment decisions
- Ability to accept criticism and project a professional, friendly, helpful demeanor
- Perform basic computer functions
- Possess short- and long-term memory sufficient to perform tasks such as, but not limited to, mentally tracking surgical supplies and performing anticipation skills intraoperatively
- Completes accurate, consistent paperwork
- Ability to use checklists, etc. to ensure that small details are not overlooked
- Follows all policies, procedures, and safety/security measures
- Work requires little or no checking
- 4. Communication Skills:
  - Ability to read, write, and speak basic English
  - Ability to respond appropriately to customer/co-worker
  - Interact with diverse populations
  - Maintain confidential information
  - Ability to communicate only the facts to recipients or to decline to reveal information
  - Writes down important details in messages or communications so the details are not lost or forgotten
  - Demonstrate the use of positive coping skills under stress
  - Demonstrate calm and effective responses, especially in emergency situations
  - Exhibit positive interpersonal skills during patient, staff, and faculty interactions

I am able to perform all functions related to the technical standards pertaining to the role of a sterile processing technician.

Printed Name

Signature

Date