

ADULT EDUCATION

NEWSLETTER

SPRING 2019 • ISSUE 7



MEET NINTI WHITE

Many of us depend on our parents to teach us the basic necessities of life, but for Ninti White, her mom did much more than that; she was her sole teacher until she decided to enter Adult Education classes at Triton College. Ninti was homeschooled and had the advantage of being taught one-on-one by her mom. According to Ninti, "I liked that I was being taught hands-on, unlike traditional schools. My mother who was my teacher was really able to explain and help me understand how to solve problems as it pertains to school. In traditional schools, the teachers do as much as they can but there is no way they can truly be hands-on with every single student."

Growing up, Ninti socialized with her peers when she participated in activities outside her home, like guitar lessons, singing and activities at the youth center. Ninti stated that she regretted missing some of the signature events like prom, but overall homeschooling was a wonderful experience. When Ninti completed high school at home, she soon realized she needed some type of diploma and that is when she made the decision to attend Triton College.

In 2017, she enrolled in Adult Education classes. After only one year, she successfully completed her required classes and received her High School Equivalency certificate. Ninti's love for education grew and she went on to apply for the Westlake Scholarship. She received the scholarship and enrolled in the Pharmacy Technician Program.

This one-semester program is offered by the Continuing Education Department with special math support from the Adult Education Department. She successfully completed the program and is now a registered pharmacy technician.

Ninti's love for the healthcare field and learning helped her in the decision to take additional classes towards her nursing degree. She is now working on her prerequisites for this program and plans to begin in the near future. Ninti states, "Going to a formal institution is an exciting experience that I enjoy very much. I'm the type of person who likes to learn more and more, and I feel like I'm able to do that at Triton. It is challenging because I work in the day at the pharmacy and take classes at night, so my day is full from beginning to end, but it is rewarding."

WE ARE TRITON.

2000 Fifth Ave., River Grove, IL 60171 • (708) 456-0300
Triton College is an Equal Opportunity/Affirmative Action institution.



Triton College
triton.edu | #WeRTriton

Do not ever stop dreaming!!!!

By Luis Diego Amaya

I was born on a cold night in a small town near Bogota, 'My native San Antonio', Colombia. That's what I call it. I'm proud of who I am and where I come from. I am a dreamer, a student, a friend, a worker, a son and a brother. I guess you have to be specific if you talk about yourself. Even without saying any words, there's something on you that marks you and makes you just be you. Your thinking is based on the way you were raised and so are your dreams. When the years are passing by, you are just a little closer to reaching your dreams. If you put some work in, it works out, but if we get used to living with no passion and simply living it will never work. Here's the thing, there's no such thing as 'getting there' because once you are dreaming you can't stop. I know everybody has dreams but what is important is not what you dream, it's how big your dreams are. That means that even when you get somewhere by your effort or accomplish something important, you are not done. This is a gorgeous endless thing that helps you to reinvent yourself to be a better you.

A Veteran and Student

By Jose Lopez

I'm Jose Lopez, a veteran who has completed the Adult Education programs. I have completed my GED course and passed the test. Since then, I have also completed a certification course in AutoCAD and have attended other Continuing Education courses here at Triton College. I plan to enroll in credit classes in the future and work on my associate degree.

Better Late Than Never"

By Magdalena Witkos

I am an ESL level 6 and Office Administration Bridge Class student.

I started my journey with Triton College last year when I registered for an ESL class, and I can tell it was the best thing I could have done for myself. I came to the United States with two small children and I focused all of my time and energy on my kids. Working full-time at night, driving kids to their games and practices during the day, who both played different sports. There was not too much time left for myself except for a couple of hours of sleep in the morning. Today my daughter is a college student and my son is a high school senior ready to start his college journey. I think I did a good job teaching them the values in life, like the role of good education. I have always believed in good education and I tried to teach my kids that they should enjoy learning rather than forcing it on them. I have repeated to them constantly that every day at school is their opportunity to learn something new.

I have more time now, since I do not work a night shift anymore and I can finally do something for myself. As an ESL and Office Administration student I see every class as an opportunity to learn something new. Like we sometimes say, "better late than never". I think it is never too late to follow your dreams. I think I have just started to work on my goals and follow my dreams at Triton College.

This Is How I Chose Triton College

By Deshaan Malyque Johnson

Growing up without a father was the hardest thing for me, but I had my mother supporting me all the way. I used to live in central Chicago, but eventually my grandparents, aunt, cousin and I moved to Broadview, because the place we were living started to be dangerous. I was raised with the help of my grandparents from the age of 5 since my mother was attending school. Even though she was busy, she spent time with me and talked with me when I needed her. I have two sisters named Airee and Aireonna who always look up to me like I'm their best friend and big brother. I love playing basketball and creating artwork makes me happy. I have also worked at a nursing home as a kitchen utility worker for almost four years now.

After I left high school, I was thinking to myself what is my next step? Do I want to get a job? Or, do I want to try to get a degree for my artwork?

I asked my grandmother about it and she said I should try to get my degree from Triton College just like my aunt Destiny did. So, I took my grandmother's advice and signed up for Adult Education at Triton so I could complete my GED. So far I have completed two reading classes, two language arts classes, and the constitution class which I passed with a 98%. I'm currently focusing on passing my Office Administrative Bridge Class. I hope to get a cool career from Triton College. I want to have a career for art and create custom clothing and shoes that people want. One thing I don't want is to draw or paint something evil or anything inappropriate because that's not my thing to do as an artist. My brand name as an artist will be 'Design of Deshaan'.

Meet the Teacher Who Helped to Create This Newsletter Together With Us

By Magdalena Witkos and Luis Diego Amaya

Tammy Smarsh has been here at Triton College for four years teaching ESL and Bridge classes (Health Care Careers, Medical Terminology and Office Administration) which are the classes she is currently teaching. Tammy puts her work experience into the classroom. The most important thing for her is students' success.

This year she started a new project in her Office Administration Bridge Class, leading her students in creating a spring issue of the AE newsletter. The knowledge the students gained from creating the newsletter was more than they could have received from any book. They learned hands-on communication skills through written and verbal communication. They experienced the everyday obstacles of coordinating people for events and had the opportunity to practice their verbal skills by interviewing faculty members and students. The students also learned how to give and receive constructive criticism when editing articles and negotiating tasks throughout the assignment.

As a small class, it was easier to organize some things, and she had more time and a better connection with each student enrolled in the class. All of these elements combined to make this project even more interesting. It was a fun thing to do instead of just a task that had to be done. Working on a newsletter was a great experience for students that taught them out-of-the-box thinking, creativity and multitasking.

As a teacher, Tammy knows that people have different learning styles. That's why she uses different tools to make students understand in the way they learn best. She breaks the material down, if needed, because she is aware that people learn different ways.

“Who I am?”**By Maria Cascallares**

I was born in Italy in the small town of Ciminna. My life in Italy was so different. We all knew one another. It was like family over there. I used to have so many friends. We used to go out a lot and we always had so much fun, especially during holidays. I still miss that lifestyle. Then, my parents decided to move to the United States and I had no choice but to come as well. In the beginning I wasn't happy because I left some of my family and friends, especially my grandmother, who was everything to me. The beginning of my life in the United States was very hard, especially because I didn't know how to speak English. It was very difficult to communicate with anyone and I didn't have any friends. I was only 15 when I came to the United States.

As time passed, I started to meet people and speak a little English, but I really wanted to go to school to learn English. But when I asked my dad, he always said that I didn't need to go to school and that I would learn in time. I started to cry because I wanted to do something for myself, to have a career and earn a degree. I stayed at home for one year and watched TV in English. My favorite show was Sesame Street, which helped me learn some English.

One day, when I was 16, my dad returned from work and he said to me “I need to talk to you.” After we finished dinner, he told me that he got me a job. I looked at him. My heart dropped because I was hoping that he would change his mind and send me to school. I started to work with my parents at the same factory. My first week was very difficult. At first I didn't like it, but then I started to like it because I met my husband. We started to talk and at first we became just friends. Then we became more than friends and that was the best thing that happened to me from working at that factory. We waited two years before we got married. We were very happy and we started our own family, we had three beautiful children.

My husband and I worked very hard to provide for our family. We wanted a better life for them – good school, a good education. Even though I was married and had three children I still wanted to go to school, and I said to myself that someday I would have a chance. At the time it was very difficult because my kids were small and I was working full-time. To me my family has always been my priority. I wanted to do so many things in my life but I always put myself last, because my family came first. Today I can say that I'm very proud of my kids and everything my husband and I did was worthwhile. Then something bad happened. After having been married for 42 years, in 2015, I lost my husband. He taught me how to do things, now I do it by myself.

I always think how he would do it. Three years ago, I injured my shoulder at work and I haven't worked since then. It has been very difficult staying at home for such a long time, I'm not used to staying at home. However, I registered at Triton College, and that was the best thing I did because I want to learn how to write and read in English better. My goal is to get my real estate license and work in that field as a realtor. I'm going to work hard to achieve what I always wanted. I have a lot of support from my family and friends, and more importantly I have good teachers in my English class and in my real estate class. I love going to school, it keeps me occupied. I meet new friends and we have so much fun.

The Bomb!**By Maria Rodriguez**

Bombs are scary, a thing so delicate that you wouldn't even want to get close to because you don't know what to expect from it.

In this case the bomb I am talking about and most nervous about would be “Emily,” my 12-month-old baby.

When Emily is asleep and you make the smallest noise or movement, she activates. She cries non-stop, starts throwing tantrums and sometimes it's so hard to find a way to deactivate her.

She explodes when she doesn't get what she wants. She gets around my whole house destroying everything that's near her and things I didn't know she could even reach.

I could also describe Emily as a gas bomb. When she takes a poop, I literally need an oxygen mask so I won't suffocate and pass out.

Although this bomb can produce a lot of damage, destruction, odor and noise in an innocent way, she is my favorite and most loved bomb of all, and she always will be.

**What it's Like to be Homeless?****By Mercedes E. Jacobo**

Life of a poor person lacks many comforts. They go through many difficulties in their journey, which include finding places to live and sleep. On top of looking for shelter, they also need to worry about finding food on a regular basis because they do not have the money to buy food. Lastly, they are constantly being rejected by society and are treated like they have no hope left in their life.

The first difficulty of being homeless is not having a home or a place to live and sleep. It is very hard for homeless people to have to sleep on the street in the middle of a cold and dark night. They are forced to sleep on a hard and rough cement floor which is basically their bed, accompanied by a few ripped and dirty newspapers which they use as a blanket, surrounded by loud noises like cars passing by. There are other noises vibrating in their ears such as barking dogs, the buzz of mosquitoes bothering them and pricking their cold and stinky bodies (which is the scent of sweat combined with cigarette smoke, because many cigarette butts are found in trash cans). Their bodies and faces show deep and very marked wrinkles, their eyes reflect the great sadness and loneliness that they hold deep in their heart, which often also lacks love and compassion. Their teeth look black, diseased and uneven.

Another difficulty that homeless people have is the lack of a good diet, which often causes severe malnutrition. Their bodies show that they do not eat a lot of food. For example, they are often very thin, move slowly, their skin is very dry and they appear tired. This is because homeless individuals usually eat only once a day and their foods are collected from some trash cans in various states of decomposition. Sometimes somebody gives them something to eat but it is usually not enough.

The last difficulty that poor people have is the lack of acceptance or help from our society. Our society is often not aware of how these people live, or how they came to have such a deplorable situation in life. We think that it happens because they are lazy or have no education, or because they have some relationship with drugs. We usually don't think that this could be a result of a great loss of family or an emotional problem that led them to live in their situation. When we see a homeless man passing by – dirty, with torn clothes, and smelling bad – we tell him 'no' when he approaches us and asks us for a coin or something to eat, instead of helping him. We fail to realize that maybe he really needs our help and a little attention. Perhaps giving him a coin or something to eat can change the situation of that person and even for a day it could help them feel better.

So these are some of the main difficulties that a homeless person experiences, when for some unfortunate reason they end up on the street. It's people like this that make us appreciate the current situation that we are in, such as having a family to care for us, or having food and clothes. But it is our job to give back to society, and whenever we see a homeless person, we should brighten their day by giving them either some money or food.

My Grandchildren

By Gabino Huerta

The most important thing for me is to be together with my family, especially with my grandkids. I'm going to do my best for them.

Damien is 9, Dominic, Leo, Donte and Elijah are 7, Anyah is 6 and the baby, G.J. is 5 and is going to start school in August. They think life is easy and they have a hard time saying no to their peers. They get involved with gangs or bad crowds and they start experimenting with drugs.

I'm going to talk to them about the future to let them know that life looks easy, but really it is not. I'm going to talk to them about money. Money you can have if you will have a good job, if you have a career. I'm going to talk to them about bad advice. It's going to help them to make the situation clear. I want to explain that they don't have to be afraid to say no because these are the situations they are going to face in high school. Their peers are going to put them in these situations, so I'm going to help them avoid it. I'm going to explain the importance of avoiding gangs because that is so dangerous for the whole family. I think having a family is a big responsibility and we are obligated to help them. So, I'm going to do the best for my grandchildren.

From Mexico to Chicago

By Ivel Montalvo

I came to the United States from Mexico. My wife and I have been in the United States since 2003 and our family was born here in this beautiful country. Here, my children are growing up full of opportunities for their future. We came to this country because we were looking for a better life and future. I liked living in Mexico, but we wanted to get better jobs to build our dreams.

My life is different now. In Mexico, both my wife and I studied business and hotel management. I used to work as a manager in a seafood restaurant and she worked as a receptionist at a hotel. In those days we used to work hard, but our salaries weren't enough, and the situation was difficult. There were many obstacles we faced in the pursuit of our dreams.

Here in the United States, I own my own business and I study English at Triton College. My wife stays at home to take care of our lovely children. Ever since I came to the United States, I have had three goals: improve my English by finishing ESL courses, visit the city of Washington, D.C. with my children, and finally, my long-term and most coveted goal is to buy a house for my family. To do this we have to work harder and keep our finances on a budget, save and invest our money wisely!

Clear communication

By Daniela V. Certad Rondon

Misunderstandings are common. My experience expressing myself made me believe that it is because we position ourselves in one or both of these situations, we don't allow ourselves to say what we want to say or we don't know how to say it. Understanding our goal in communication first and being assertive are keys in a healthy relationship.

First of all, say what you want to say, not what you mean. Who hasn't said "the water jar is empty" when they actually wanted to say "please fill the water jar"? After several tries, we end up upset and arguing why people don't understand us. It is more likely to be understood if we ask for exactly what we want instead of trying to get noticed using another sentence. Saying what you actually want to say sets you free.

Once you master the first step, it is important to consider how to communicate your thoughts. When you confuse honesty with bluntness, you are making a mistake. Choose your words in order to be kind, choose the correct place to have the conversation and choose the person with whom you want to speak. By doing this, you are being assertive and the results of this practice will lead you to a better communication.

The art of communicating clearly takes time, but it can prevent misunderstandings. Whether in your relationships, work place and even social media. Saying what you really want to, with the correct words will be well received. The English author Neil Gaiman says "Too much talking these days. Talk, talk, talk. This country would get along much better if people learned how to suffer in silence." However, I do not agree with him. I think we just need to learn how to clearly express every emotion. That will allow us to receive more help than negative comments about our feelings.

My Childhood Idol

By Alain Jr.

Zinedine Zidane was my childhood idol. He was a soccer player and retired in 2006 after the FIFA World Cup. What a player he was! As a soccer addict, I would watch him playing for hours and hours without getting tired. He won every title that he could win. After his retirement, he took a break for a few years before starting his coaching career. Once again, his knowledge of soccer impressed the entire world due to the three UEFA Champions League championships that he won in two and a half years as Real Madrid's coach. After these two and a half years of happiness, he decided to quit because he thought that the team wouldn't be able to win again. Unfortunately he was right ... After he left the team wasn't doing as well as before and was even eliminated from the UCL, in which Real Madrid was holding the title. That happened on March 5, 2019, nine months after Zidane left.

One week after elimination, on March 12, 2019, he surprised the soccer planet again by entering the Madrilanian bench. He's now preparing the team for next year. Will never forget the big and humble man who "Zigau" is.

For a While

By Gabriela Martin

Terence is my name. I am the kind of guy who does not have any aspirations or dreams in life. For me, every day is a normal and boring day. I am a young adult who lives alone in a big city and works only to afford my small apartment. I eat fast food because I do not have the time or the money to make my own meals.

I always wake up very early in the morning to go to work on the other side of the city. I take the bus and the subway to get there because I do not have a car. My life has not been great since I left my parents' house without finishing high school. It has been three years of loneliness and three years without happiness.

One day, on my way to the bus stop, I noticed that the weather was getting colder. "Oh great! I hate winter and it's a cold day," I thought.

While I was waiting for the bus, I saw someone across the street, a woman who was waiting for the bus, too. I looked at her and she was like an angel. She had pale skin, brown hair and big shiny eyes. She was like the sun coming through the clouds. She just caught my eye instantly. I fell in love for awhile.

The next day I saw her, the next one, too, and so on. I was falling in love for a while over and over again. My thoughts were spinning. I wanted to know her name and hear her voice. I was gathering courage every single day, courage to just cross that insignificant street and meet her. And then, I did it.

Nervously, I waited for the light to walk. I grabbed my cellphone to call work to say that I'd be late. A moment later, I was already next to her, with sweaty hands and a racing heart. "Hi," I said, taking a deep breath, like it was a very difficult word for me in that moment. To my surprise, she responded back. Oh, sweet voice! I was happy. Elizabeth was her name.

We kept meeting each other in the bus stop for several days. We talked about her and the reason she was always at the bus stop. She liked to visit the museum. She was amazing. But I noticed something strange, a woman with white clothes was always with her. I asked Elizabeth and she told me that it was her bodyguard. I did not pay much attention at the time, but it was weird.

One day, I decided to give her one red rose, she had told me it was her favorite. I wanted to ask her out and start making each other even happier.

When I was about to cross the street to meet her, I looked to the other side and Elizabeth was not there, only the woman in white. I asked myself, "Why?" I ran fast across the street and asked the woman in white, "Where is she?"

The woman just looked at me and tears fell down her cheeks. The words she said to me hurt my throat and broke my heart. The woman was her nurse. Elizabeth was a terminal patient. She had heart problems. She did not want to say anything to me because she liked my smile and wanted to keep it like that forever, at least in her mind. I made her happy for awhile, just like how I fell in love with her.

Now, I go to visit her grave every day with a red rose. I go to remember her eyes, those big eyes. I go to remember that beautiful smile that made me smile back. I go, to feel that sensation of falling in love for awhile. If only she had known.

A Lesson On Life

By Magdalena Witkos

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do, you have to keep moving forward."

Martin Luther King, Jr.

The phrase is an analogy with birds as they start running if they can't fly when they are injured.

Martin Luther King gives us a lesson on moving ahead and focusing on goals in life, despite facing difficulties.

Almost all people dream of a more perfect life. Many of them go to school with hopes of improving their life by obtaining more knowledge and gaining new skills. For many, school is the only place where they can interact with other people and not to feel isolated because of physical limitations.

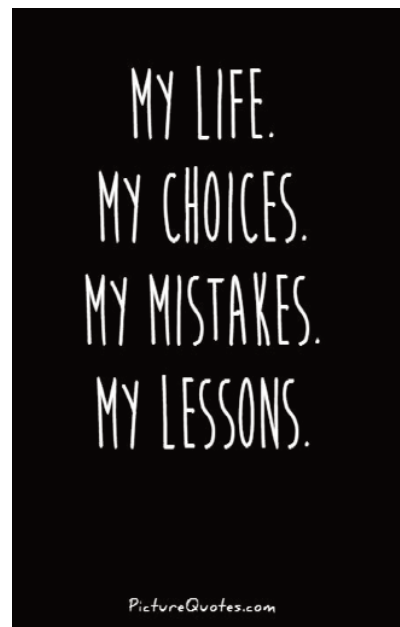
However, too many of us quit dreaming and start regretting as soon as we meet the first roadblock to our quest. Sometimes it is the work schedule that interferes with school, sometimes there are bigger obstacles in life.

Some of us will fly, some run, some crawl – but each of us will need to persevere, to keep at the struggle to move forward.

It is only when we give up, that we stop moving toward our goal. In order to keep making progress, to continue improving, we should always focus on doing what we can, not on what we can't.

The lesson we can learn from this is when there is something that you want achieve, do not let anything come in your way. For all of you Triton college students who struggle, remember to always focus on possibilities and moving forward, and you will achieve things that might even seem impossible.

Keep moving forward!!!!



Keep focusing on your career

By Deshaan Johnson

If you want be famous you have to focus on your career in school and college.

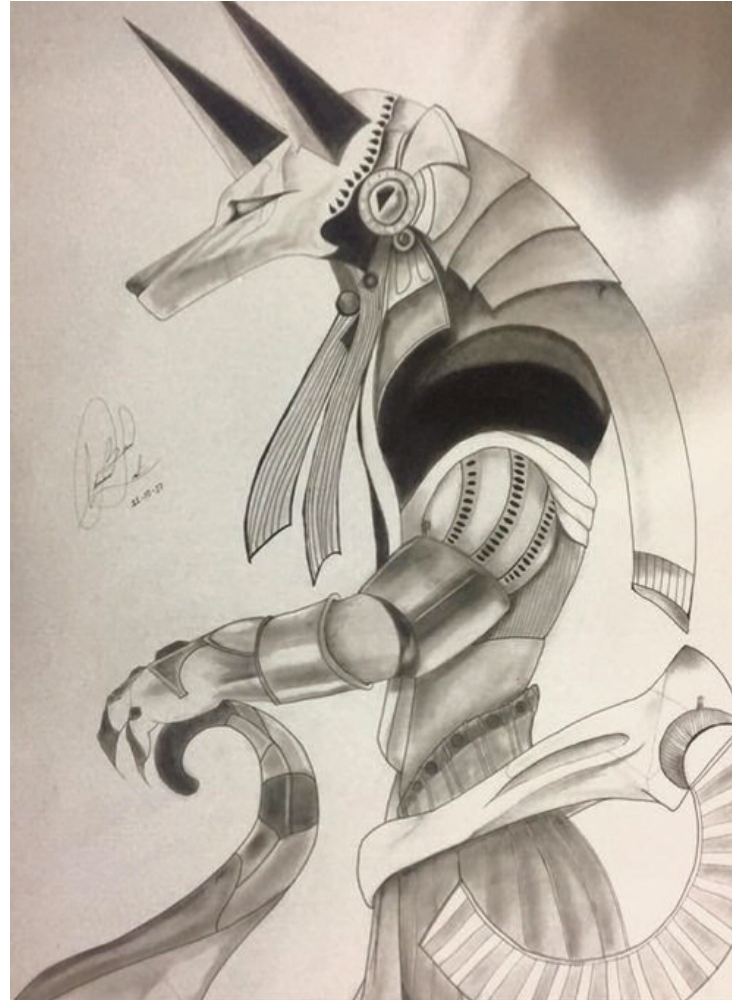
You have to believe in your heart and in yourself, then your dreams will come true. The sky is always the limit because WE ARE TRITON and we can obtain the best career because of Triton College.

Keep focusing on your career and dream!

Born Artist Adriana

Reported by Deshaan Johnson

Adriana Barajas started drawing at age of 15 years old. She never had any formal art lessons on how to draw. She has raw talent for drawing. Adriana told me that when she draws it takes any pain away and calms her down when she feels sad or upset. She enjoys drawing when she has free time. Her passion is to have a career as a tattoo artist. She's looking for inspiration and is focused on reaching the dream of becoming a tattoo artist. You can look at her drawings and see her amazing work. She works very hard on all of them.





Meet Current ESL Instructor Mrs. Nelly Petkova

By Luis Diego Amaya and Marcin Kimack

Nelly Petkova is currently an ESL teacher at Triton College who teaches ESL Level 5. She first started her working at Triton on Oct. 18, 2001. She says she tries to be an understanding teacher because just like all of us, she once was a student who needed to be understood. According to Mrs. Petkova she enjoys teaching, "It's nothing that can be explained, but I just know I love it." Not only does she love teaching but she also loves the language and the culture within teaching. She tries to make what she teaches interesting so students can love it just as much as she does. She enjoys making her classes interactive so everyone is engaged and so they can ask questions if there's something they don't understand. She likes encouraging students to do their best regardless of the obstacles that life puts them through, and she tries to be a friend to whomever needs one. Most of all, she tries to go above and beyond for her students. One thing that she struggles with is when students are disrespectful to her because with disrespect you don't solve anything.

During our interview, we had an opportunity to ask Ms. Petkova some questions about advice for students. First, for the students who drop a class, because of work or other responsibilities, "life happens". Maybe your car breaks down and nobody lives close by to give you a ride, or maybe you or your child gets sick, don't be discouraged. Ms. Petkova tries to encourage them and motivate themselves to stick with class but in reality it may not just be the right time to be in school.

We then asked, as a teacher, what do you expect from your students? Ms. Petkova said, "The most important thing to me is to bring a good attitude to class. It doesn't matter how much you have known before the class (or you don't know), just bring your good attitude, because to me that's everything. It's something that I hope that everybody does because it creates a very good atmosphere in class, and people can feel more relaxed and they can open up. You can feel more of a part of a community than just 'going in to a class' - you're going to see your friends that you are going to learn with. And it's not important how many mistakes you make. I think actually that making mistakes is very good because it means you're trying. Just don't keep silent and do your homework. If you make mistakes, then it means that you're working."

Mrs. Petkova has seen many good changes throughout her years working here at Triton. We are more organized and are a better place for current and new students to enjoy their time here. The Adult Education Department also has been developing new programs to keep students excited about learning.

Computer Lab for Adult Education Students

Meet Michelle Schallmo, the instructor for the new computer classes being offered through the department of Adult Education. She is eager to work with individuals that would like to sharpen their computer skills. The classes are offered at no cost, here at Triton College.

For continuing education for level 4 ESL and GED students.

A placement test is required to be taken for course level placement.

Classes meets once per week at 3 p.m., for one hour.

Day and evening classes available each semester on an alternating schedule.

1. BASIC
2. MICROSOFT OFFICE
3. GOOGLE APPLIED DIGITAL

For more information, contact Michelle Schallmo at:

Phone: (708) 456-0300, Ext. 3331

Location: A Building, Room A-203

Email: michelleschallmo@triton.edu





My Hero in Adult Education

By Jose Lopez

One of Triton's silent heroes happens to be a teacher that I have wanted to say thank you to. She has given me inspiration, motivation and her personal time in tutoring me here at Triton. Her name is Melanie Reiser and she's been teaching language arts in Triton College's Adult Education Department for over seven years. She's like a busy little bee buzzing around campus,

undetected for the most part. She is usually pretty quiet and keeps to herself. When it comes to teaching her students however, she really cares. I have to give this woman my personal thanks in helping me reach my goal of completing my GED.

I struggled with language arts and she really gave me the confidence, and her expertise helped me to follow through and work hard to reach my goal. I could not have done this without her continued patience and tutoring. I am grateful to her and happy that I had such a great instructor.

I personally asked her several questions about why she chose to teach adult education. She said, "She loves to teach and has been

doing it for 27 years." Some values that she believes in are simple yet really meaningful. Her reply was that she must believe in herself and the students she is teaching. She said, "With commitment and dedication, you have to be persistent and work hard to achieve your goals." She loves to teach because she wants to make a difference in people's lives and believes that anyone can do whatever they want to do. It gives her satisfaction when a student returns to her and tell her that they have completed their GED tests. Her favorite part about teaching is to see the diversity of people, cultures and different ages that come to her classes to reach a goal.

Most people would say that teaching is just another job and that they go through the motions for a paycheck. Well, I could say that this is not the case with Melanie Reiser, she is the real hero. She takes her work seriously and loves to teach others. The responsibilities that she takes on from day-to-day can seem like a lot. She has to come in early to prepare literature, make copies of handouts, set up the technology and be available to tutor students. Mrs. Reiser always made time for me to study and be there for me. At times I felt like I was taking a lot of her personal time when she could have spent more time with her family. I was the only person who always came in for extra tutoring each day. She's a dedicated teacher, good person and she loves to teach. She is about giving, caring and wanting to make a big difference in people's lives. This is why I say Melanie Reiser is my hero.

DID YOU KNOW?

□ Triton College offers many opportunities for all students who want to learn by offering various scholarships.

The following scholarship is available exclusively to Adult Education students:

- Westlake Scholarship. All AE and ESL students who are interested in health careers can apply for the Westlake Scholarship. This scholarship is exclusive to students who are pursuing a degree or certificate in a healthcare field.

For all questions about the scholarships and the program requirements, you can contact Meaghan Young-Stephens, Completion and Transition Specialist.

Location: A Building, Room A-203

Phone: (708) 456-0300, Ext. 3837,

Email: meaghanyoung@triton.edu.

As you can see, there are many resources available at Triton College to help you accomplish your goals. Do not hesitate to ask questions and take the first step to a better education that is closer than you think.

□ For ESL students who have a degree in their home country there is a unique opportunity here at Triton for you!

- It is called CareeReady!

○ You can earn a certificate in self-paced online course with ESL support.

○ Stop by the Adult Education Office in Room A-203 and ask for more information or call Ewa Paluch, CareeReady coordinator, at (708) 456-0300, Ext. 3365, ewapaluch@triton.edu.

□ Triton College offers new bridge classes for students who want to improve their skills and prepare for college. The Office Administration Bridge Class is an excellent start to learn new technology and give you the skills required in today's modern world.

□ For ESL students who completed all six levels of ESL class, there is an opportunity to continue improving their writing skills in GED-E65 class. The focus of this class is on academic writing that prepares you for college-level writing.

□ Career Services is here to help us!

- Find the career you are looking for at Triton College.

AE students, new graduates and other job seekers can come to the A Building, Room A-204, and get all the help with writing a resume and preparing for a job interview.

Please contact Jackie Gordon at jacquelinegordon@triton.edu.

CALL FOR SUBMISSIONS

Adult Education Newsletter welcomes writing submissions from all ESL and HSE students. Please email submissions to Mitchell Goins at mitchellgoins@triton.edu.

Mark your calendars for the Adult Education Commencement Ceremony!
Thursday, May 23, 7 p.m., Robert M. Collins Center Auditorium

Don't forget to register for your next class!